

Shop the largest selection of natural, organic, gluten free, vegan, LOCAL products on the North Oregon Coast

MARCH 2023 **IT IS ONLY NATURAL** AND ORGANIC **THANK YOU FOR shopping local**

Waterloo Sparkling Water
Selected Varieties
8 pk.
\$3.99
12 pk.
\$5.99*

Nancy's Organic Yogurt
Selected Varieties
5.3 oz.
2/\$3
12 oz.
\$4.99

Canyon Bakehouse Gluten Free Bagels, Muffins, Bread or Buns
Selected Varieties
10.8 to 18 oz.
\$6.99
Canyon Bakehouse Heritage Bread
Selected Varieties
2.8 lb.
\$7.99

purely elizabeth.

WE BELIEVE THAT FOOD CAN HEAL. WHEN YOU EAT BETTER, YOU FEEL BETTER.

That's why we use superfoods with vibrant flavors and rich textures to create delicious foods to help you thrive on your wellness journey.

Purely Elizabeth Cereals or Granolas
Selected Varieties
8 to 12 oz.
\$5.99

Purely Elizabeth Oatmeal Cups
Selected Varieties
1.76 to 2 oz.
2/\$4

Clif or Luna Bars
Selected Varieties
1.69 to 2.4 oz.
2/\$3

Mary's Gone Crackers Organic Crackers
Selected Varieties
4.25 to 5 oz.
\$4.49
Mary's Gone Crackers Organic Cookies
Selected Varieties
5 oz.
\$3.99

Goodpop Dairy Free Frozen Desserts
Selected Varieties
4 to 8 pk.
\$4.99

Miss Jones Baking Co. Baking Mixes
Selected Varieties
10.57 to 15.87 oz.
\$5.49

Little Secrets All Natural Fair Trade Chocolate
Selected Varieties
1.4 to 1.8 oz.
2/\$4
3.5 to 5 oz.
\$4.99

Alexandre Dairy Organic A2 Milk
Selected Varieties
59 oz.
\$6.99

Lifeway Organic Kefir
Selected Varieties
12 oz.
\$4.99

Evolution Fresh Organic Juices
Selected Varieties
15.2 oz.
\$4.99*
59 oz.
\$8.49*

Aura Bora Sparkling Water
Selected Varieties
12 oz.
2/\$3

Rao's Homemade Pasta Sauce
Selected Varieties
12 oz.
\$8.99

Guru Organic Energy Drinks
Selected Varieties
12 oz.
2/\$5

GloryBee Honey
Selected Varieties
12 oz.
\$5.49
GloryBee Organic Virgin Coconut Oil
12 oz.
\$4.99

Dr. Praeger's Veggie Burgers, Cakes or Littles
Selected Varieties
8 to 10 oz.
\$5.49

Unreal Chocolate
Selected Varieties
3.2 to 5 oz.
\$4.99

Noosa Frozen Gelato
Selected Varieties
14 oz.
\$4.99

Beyond Good Madagascar Organic Heirloom Chocolate Bars
Selected Varieties
2.64 oz.
2/\$5

Safe Catch Elite Wild Tuna
5 oz.
\$2.99
Safe Catch Wild Albacore Tuna
Selected Varieties
5.3 oz.
\$4.49

Bear Fruit Minis
Selected Varieties
3.5 oz.
\$3.99

Noosa Yoghurt
Selected Varieties
8 oz.
2/\$5

Quorn Meatless Entrees
Selected Varieties
7.76 to 12 oz.
\$5.49

Madhava Organic Vinegars
Selected Varieties
16.9 oz.
\$4.49
Madhava Organic Extra Virgin Olive Oil
16.9 oz.
\$9.99

Peter Rabbit Organics Baby Pouches
Selected Varieties
4 to 4.4 oz.
2/\$4

La Colombe Coffee
Selected Varieties
9 oz.
2/\$6

Enjoy Life Gluten Free, Dairy Free Chocolate Chips
Selected Varieties
9 to 10 oz.
\$5.99

Endangered Species Chocolate Bars
Selected Varieties
3 oz.
2\$6 for

Alden's Organic Ice Cream
Selected Varieties
48 oz.
\$9.99

Gardein Meatless Entrees
Selected Varieties
8.1 to 13.7 oz.
\$5.49

zevia

- Zero Sugar, Zero Calories
- Naturally Sweetened
- Simple, Plant-Based Ingredients
- Non-GMO Project Certified
- Kosher / Gluten-Free / Vegan

zevia ZERO CALORIE ENERGY
MANGO / GINGER, KOLA

zevia Tea
SWEETENED BLACK TEA RASPBERRY, SWEETENED BLACK TEA PEACH

zevia ZERO CALORIE SODAS
COLA, ORANGE PEEL SODA

zevia Energy Drinks or Teas
Selected Varieties 12 oz.
2\$3 for

zevia Energy Drinks or Teas
Selected Varieties 12 oz.
3\$5 for

New! Sleek Cans

High Brew Ready to Drink Coffee
Selected Varieties
8 oz.
2\$5 for

St. Dalfour Fruit Conserve
Selected Varieties
10 oz.
\$4.49

Wild Planet Albacore Tuna
Selected Varieties
5 oz.
\$4.49

Epic 100% Grass Fed Protein Bars
Selected Varieties
1.3 to 1.5 oz.
2\$5 for

Epic Pork Rinds
Selected Varieties
2.5 oz.
\$2.99

Green Valley Creamery Organic Lactose-Free Kefir
Selected Varieties
32 oz.
\$5.99

Parm Crisps Oven Baked Parmesan Crisps
Selected Varieties
1.75 oz.
2\$6 for

R.W. Knudsen Juices
Selected Varieties
32 oz.
\$7.99

Maille Dijon Mustards
Selected Varieties
7.3 to 8.9 oz.
\$3.99

Bibigo Rice Medley
Selected Varieties
12 oz.
2\$5 for

Crown Prince Sardines
Selected Varieties
3.75 to 4.37 oz.
\$2.99

Dare Breton Crackers
Selected Varieties
4.4 to 7.3 oz.
\$3.49

Deep Indian Kitchen Entrees
Selected Varieties
2.5 to 12 oz.
\$5.99

Clio Greek Yogurt Bars
Selected Varieties
1.73 to 1.76 oz.
2\$3 for

Lotus Ramen
Selected Varieties
2.8 oz.
2\$4 for

Bela Sardines
Imported from Portugal
Selected Varieties
4.23 to 4.2 oz.
\$2.99

Cento Organic Beans
Selected Varieties
15.5 oz.
2\$5 for

Cento Extra Virgin Olive Oil
3.8 oz.
\$14.99

Snow Days Organic Pizza Bites
Selected Varieties
6 oz.
\$6.99

Maya Kaimal Indian Simmer Sauces
Selected Varieties
12.5 oz.
\$4.49

Truly Grass Fed Organic Natural Butter
Salted or Unsalted
8 oz.
\$4.49

Plant Boss Organic Meatless Plant Based Crumbles
Selected Varieties
3.35 oz.
\$4.99

House Organic Tofu
Selected Varieties
12 to 14 oz.
\$2.99

Zico Coconut Water
Selected Varieties
1 liter
\$4.99

Tejava Black Tea
Selected Varieties
1 liter
2\$5 for

Torani Premium Dessert Sauces
Selected Varieties
16.5 oz.
\$4.99

Torani Premium Syrups
Selected Varieties
3.77 oz.
\$5.49

Biokleen Dish Liquid
Selected Varieties
25 oz.
2\$7 for

Biokleen Plant Based Bar-Old Cleaners
Selected Varieties
16 to 32 oz.
\$7.99

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